

Food Review – school canteen – optional questions

1. Local and seasonal food				
Question	Answer			
<p>How many kilometres did ingredients travel before arriving at your school?</p> <p style="color: blue; font-size: small;">*Pick two or more meals and try to trace how many kilometres ingredients used for the meals preparation have travelled.</p>	Ingredient	Number of km	Is it available somewhere closer?	
<p>How is the distribution of fruit as part of the School Fruit Scheme dealt with? Where does the fruit come from?</p>				

2. Ways of production – bio-products, fair-trade, organic farming		
Question	Answer	
<p>How often are such ingredients part of the menu?</p>	<p>Fairtrade BIO Organic</p>	

3. Meat consumption	
Question	Answer
<p>How many vegetarians or vegans are there at school and what do they eat at the school canteen?</p>	

4. Agrobiodiversity

Question	Answer				
What varieties of these crops does the school canteen use to cook the meals?	apples				
	lentils				
	beans				
	rice				

5. Processed food and palm oil

Question	Answer	
How many times a week do you get a sweet dessert or fruit? Check on the daily menu	Sweet dessert:times a week	
	Fruit:times a week	

6. Food waste

Question	Answer				
<p>Can you do a more detailed analysis of how much food is thrown away on a daily basis at the canteen?</p> <p><i>*In the mandatory part of the Analysis you analysed amount of food waste in a week (what students return and what is left in the kitchen and is thrown away). How much food is that per person in the school? How much is it roughly over the whole year? If you decide to reduce the amount of waste, do the same measurement again after completing all the tasks you choose. Compare the same meals.</i></p>		Meal	Amount in kg or in litres	Per person per day	Per person per year
	Monday				
	Tuesday				
	Wednesday				
	Thursday				
	Friday				
	Total				

<p>Which food and drink are the most and least popular with students?</p> <p><i>*Are your findings related to what is the most wasted at the canteen? If yes, what can be done about this as regards responsible food consumption?</i></p>	<table border="1"> <thead> <tr> <th></th> <th>Most popular</th> <th>Least popular</th> </tr> </thead> <tbody> <tr> <td>Snack</td> <td></td> <td></td> </tr> <tr> <td>Soup</td> <td></td> <td></td> </tr> <tr> <td>Main course</td> <td></td> <td></td> </tr> <tr> <td>Dessert/fruit</td> <td></td> <td></td> </tr> <tr> <td>Drink</td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table>		Most popular	Least popular	Snack			Soup			Main course			Dessert/fruit			Drink					
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<p>What food would students like to find available at the canteen?</p> <p><i>*If you find out what meal would students welcome you can consider it in terms of responsible food consumption. Then you can try to speak to the head of the canteen about including it in the menu. Schoolmates will be pleased. If you don't find the meal suitable, you can try to influence schoolmates and inform them more about responsible eating. Then try the poll again and see if you were successful...</i></p>																						
<p>Do students throw away food in the school and its surroundings, food they can take out of the school canteen?</p>																						
<p>Is it possible to choose the type of side dish or refuse to take part of the meal?</p>																						
<p>Is there an option for replacing part of the meal with something else? For example replacing meat with vegetables?</p>																						
<p>Can somebody make suggestions about the canteen menu and change it? How much is this option used?</p>	<p>Students YES/NO Teachers YES/NO Parents YES/NO</p>																					

Questions out of Responsible Food Consumption topics

<p>Does the school canteen provide information on the composition of the food in the school canteen? Where is this information found? Is it easily accessible? Is it intended for pupils, parents, or teachers?</p>	
<p>Are the cooks involved in the education of students? How?</p>	